

Intramurals

The Oak Lawn Park District has partnered with Ridgeland School District 122 & Oak Lawn Hometown School District 123 to offer intramural basketball and volleyball leagues for boys and girls in grades 4-8. Our non-competitive recreation leagues are instructional with an emphasis on team spirit, good sportsmanship and fundamentals. All practices and games will be held at the schools. Practice day/times will vary. Teams will be formed by school. Fee includes t-shirt, trophy, referees and site supervision. In order to avoid delaying the start of the league please be conscious of the registration deadline. There will be a \$10 late fee assessed to anyone who registers after the deadline. Schools within the same district may be combined. (ds)

Res/NR: \$72

Times: 6:00 – 9:00P

Location: All practices and games are held at both District 122 & District 123 schools.

*Practice and game locations are dependent upon school availability.

***4TH & 5TH GRADE INTRAMURALS**



4th & 5th Grade Boys Basketball

Dates: December - March

Registration Deadline: 12/03

League Code: 325401

School Section Codes:

Use the League Code followed by the appropriate school two digit number.

- 01-Covington
- 02-Hannum
- 03-Hometown
- 04-Kolmar
- 05-Sward
- 06-Columbus Manor
- 07-Harnew
- 08-Kolb
- 09-Lieb

Example: If a child is registering for Girls Basketball at Hannum, the registration code is #225401-02.



4th & 5th Grade Girls Volleyball

Dates: December - March

Registration Deadline: 12/03

League Code: 325403



Jr. High Grade Boys Basketball

Dates: January - March

Registration Deadline: 12/26

League Code: 325402

***JUNIOR HIGH INTRAMURALS**

School Section Codes

Use the League Code followed by the appropriate school two digit number.

- 01-OLHMS
- 02-Simmons

Example: If a child is registering for Girls Basketball at OLHMS, the registration code is #225402-01.



Jr. High Grade Girls Volleyball

Dates: January - March

Registration Deadline: 12/26

League Code: 325404

Volleyball Skills & Drills (Age: 6-14)

Level 1 (Age: 6 – 10): This instructional 8-week volleyball program for girls and boys will stress bumping, setting, serving, jumping, rotating, and proper footwork for each skill.

Level 2 (Age: 10-14): This intermediate 8-week volleyball program for girls and boys will stress bumping, setting, serving, jumping, rotating, and proper footwork for each skill. PDNA (ds)

Location: Community Pavilion

| Code | Level | Days | Date | Time | Res/NR |
|-----------|-------|------|-----------|------------|-----------|
| 324201-01 | 1 | Tu | 1/07-2/25 | 4:00-5:00P | \$48/\$60 |
| 324201-02 | 2 | Tu | 1/07-2/25 | 5:00-6:00P | \$48/\$60 |



Youth League Mission Statement: "The Oak Lawn Park District is dedicated to providing youth sports leagues that teach all children fundamentals and sportsmanship in a non-competitive, fun environment."

Co-Ed Basketball & Indoor Soccer Registration Information

\$10 off Early Bird Registration will be held until November 3. Registration deadline is November 10.

\$10 late charge applies after the deadline.

Requests to be with another player will be taken on a separate request form when registering thru November 10, but is not a guarantee.



Co-Ed Basketball Leagues (Age: 5-8, Kindergarten-3rd Grade)

This program offers instruction, as well as competitive basketball for boys and girls. Team play and sportsmanship will be stressed. Age divisions are as of September 1, 2019. Birth certificates may be requested if there is question of a child's age. **Coaches are needed!** Teams will begin practice in early December and league play will begin in January. Your coach will notify you to let you know when your first practice will be held. (sn)

Location: Community Pavilion

| Code | Ages | Practice/Games | Times | Res/NR |
|-----------|------|----------------|-------------|------------|
| 325101-01 | 5-6 | M,F | 5:30-8:30P* | \$85/\$111 |
| 325101-02 | 7-8 | F,M | 5:30-8:30P* | \$85/\$111 |

*game times will vary

Youth Ball Hockey League Fall /Winter League

(Grade: 5th – 8th grade)

This league is for boys and girls. Teams will be formed by a draft policy and will compete against each other. Teams will practice is November and will begin games in December. Game times will vary and may be adjusted depending on number of teams formed. Grade dependent upon Fall 2019. A birth certificate may be requested if there is a question of a child's age. Coaches needed! Your coach will notify you to let you know what time your first practice will be held. Requests to be with another player will be taken on a separate request form when registering thru October 21, but are not guaranteed. (ds)

Location: Community Pavilion

| Code | Days | Time | Res/NR |
|-----------|------|-------------|-------------|
| 325200-01 | Tu | 6:30-10:00P | \$102/\$112 |

Registration deadline is October 21.

\$10 late charge applies after the deadline.

***Times are approximate and are dependent on number of teams**



Indoor Soccer Little Kickers (Age: 4-5)

This introductory soccer league is a shortened version of our youth soccer program and is designed to help transition children into team play. Modified, non-competitive games will be played. This league will be run in a low key environment and coaches will be more hands on during games. Birthdays as of September 1, 2019 will determine division placement. A birth certificate may be requested if there is a question of a child's age. Games times will vary. Coaches needed! Your coach will notify you to let you know what time your first practice will be held. Requests to be with another player will be taken on a separate request form when registering thru November 10, but are not guaranteed. (ds)

Location: Community Pavilion

| Code | Days | Time | Res/NR |
|-----------|------|-------------|-----------|
| 325301-01 | Sa | 9:00-11:00A | \$65/\$85 |

Indoor Soccer - Coed Youth League

Teams will be formed by a blind draft policy and will compete against teams from neighboring park districts. Teams will practice in December and will begin play in January. Games times will vary and may be adjusted depending on number of teams formed. Birth date as of September 1, 2019 will determine age division. Birth certificates may be requested if there is a question of a child's age. Coaches needed!! Sign up early! Your coach will notify you to let you know what time your first practice will be held. Requests to be with another player will be taken on a separate request form when registering thru November 10, but are not guaranteed. (ds)

Location: Community Pavilion

| Code | Days | Ages | Times | Res/NR |
|-----------|------|---------|--------------|------------|
| 325302-01 | Sa | 6 & 7 | 11:00A-3:00P | \$85/\$111 |
| 325302-02 | Sa | 8 & 9 | 3:00-8:00P | \$85/\$111 |
| 325303-01 | Su | 10 & 11 | 1:00-3:00P | \$85/\$111 |
| 325303-02 | Su | 12 & 13 | 3:00-6:00P | \$85/\$111 |

**Times are approximate and are dependent on number of teams*

Indoor Soccer - High School League

Teams will be playing against local high school and club competition. Game times will vary each week. Days and time may be subject to change. **Each player must have a valid 2019-2020 school id to participate on teams. Please register early.** (ds)

Location: Community Pavilion

| Code | Days | League | Date | Time | Team Fee |
|-----------|------|--------|---------|-------------|----------|
| 325304-01 | Th | Boys | Nov-Jan | 6:00-10:00P | \$799 |
| 325304-02 | W | Girls | Nov-Jan | 6:00-10:30P | \$799 |



Coach Your Kids!

Volunteer coaches are needed for basketball and soccer leagues. Show your support by getting involved in your child's favorite sport! We offer the National Youth Sport Coaches Association certification classes free of charge to our volunteer coaches. For more information about these classes or if you are interested in becoming a volunteer coach, please call (708) 857-2420.



George Shimko Basketball School



George Shimko and his GSBS Stars Basketball staff are proud to celebrate their 25th year of programming at the Oak Lawn Pavilion and are offering the following basketball programs:

Rookie Session (Age: 5-8)

Rookie Sessions will teach children who have little or no previous basketball experience the fundamentals of basketball including ball handling, passing, rebounding, shooting, discipline, respect and most of all – teamwork. Fee includes instruction and GSBS Stars Basketball t-shirt. [PDNA \(sn\)](#)

Location: Community Pavilion

| Code | Days | Date | Time | Res/NR |
|-----------|------|------------|--------------|-----------|
| 324101-01 | Su | 12/08-1/05 | 11:30A-1:00P | \$67/\$80 |

Veteran Session (Age: 9-15)

Veteran Session is designed for the more experienced basketball player to learn and improve on their individual skills, team skills and will continue to stress the basketball fundamentals. Fee includes instruction and GSBS Stars Basketball t-shirt. [PDNA \(sn\)](#)

Location: Community Pavilion

| Code | Days | Date | Time | Res/NR |
|--------|------|------------|--------------|-----------|
| 324102 | Su | 12/08-1/05 | 11:30A-1:00P | \$67/\$80 |

Shooting Session (Age: 5-9)

Shooting session is designed to teach players the proper way to shoot the basketball. Each player will be taught how to shoot the basketball from various locations on the basketball court with good balance, rotation and confidence. Fee includes instruction and GSBS Stars Basketball Shooting Session t-shirt. [PDNA \(sn\)](#)

Location: Community Pavilion

| Code | Days | Date | Time | Res/NR |
|--------|------|-----------|--------------|-----------|
| 324104 | Su | 1/12-2/09 | 11:30A-1:00P | \$67/\$80 |

Jump Shot School (Age: 10-16)

Designed to teach players: The Mechanics, The Warm Up, Efficiency, Getting Open, Footwork, How to Score Off a Screen, 3 Point Shooting and Free Throws with good balance, rotation and confidence. Fee includes instruction and GSBS Stars Basketball Shooting Session t-shirt. [PDNA \(sn\)](#)

Location: Community Pavilion

| Code | Days | Date | Time | Res/NR |
|--------|------|-----------|--------------|-----------|
| 324105 | Su | 1/12-2/09 | 11:30A-1:00P | \$67/\$80 |

Also check out Ice Skating Lessons on page 37!

RACQUET CENTER EARLY BIRD REGISTRATION

Take \$10 off if you register during Early Bird Registration On or Before November 25th.

Girls Softball Fundamentals

Get ready for your next Softball season. This 10-week camp will focus on improving speed & agility, throwing & catching, using the correct mechanics and hitting with power. Staff will help your child develop the necessary tools to play at the next level and most importantly develop a love of the game from positive role models. [PDNA \(nm\)](#)

Location: Racquet, Fitness, & Gymnastics Center

| Code | Ages | Days | Date | Time | Res/NR |
|-----------|--------|------|-----------|------------|-------------|
| 324300-41 | 5-6 | Th | 1/02-3/05 | 4:00-5:00P | \$140/\$140 |
| 324300-42 | 6-8 | Th | 1/02-3/05 | 5:00-6:00P | \$140/\$140 |
| 324300-43 | 9 & up | Th | 1/02-3/05 | 6:00-7:00P | \$140/\$140 |

Baseball Camp

Get ready for your next baseball season. This 10-week camp will focus on improving speed & agility, throwing & catching, using the correct mechanics and hitting with power. Staff will help your child develop the necessary tools to play at the next level and most importantly develop a love of the game from positive role models. [PDNA \(nm\)](#)

Location: Racquet, Fitness, & Gymnastics Center

| Code | Ages | Days | Date | Time | Res/NR |
|-----------|--------|------|-----------|------------|-------------|
| 324301-11 | 5-6 | M | 1/06-3/09 | 4:00-5:00P | \$140/\$140 |
| 324301-12 | 7-8 | M | 1/06-3/09 | 5:00-6:00P | \$140/\$140 |
| 324301-13 | 9 & up | M | 1/06-3/09 | 6:00-7:00P | \$140/\$140 |
| 324301-51 | 5-6 | F | 1/03-3/06 | 4:00-5:00P | \$140/\$140 |
| 324301-52 | 7-8 | F | 1/03-3/06 | 5:00-6:00P | \$140/\$140 |
| 324301-53 | 9 & up | F | 1/03-3/06 | 6:00-7:00P | \$140/\$140 |

Baseball/Softball Birthday Parties

Party goers will experience an hour of instructed time of fun games and drills to celebrate their love of the sport on a special day! Children will take some swings, field ground balls, practice sliding on our mats, and play a game of wiffleball.

Birthday parties are catered toward kids between 5-12 years of age. We recommend that children in attendance wear gym clothes. Party goers will have 1 hour of gym time and 45 minutes in the Party Room. Party time cannot be extended.

Baseball/Softball Party Fees

- \$120 deposit (non-refundable)
 - Starting at \$120 for the first 10 children
 - \$10 per additional child after 10 children
- Contact Nick at nmagro@olparks.com.

NEED CAGE TIME?

Baseball/Softball Cage Rental

3 cages available for rent!

Location: Racquet, Fitness & Gymnastics Center

Long Cage \$20/hour. Cage size 12' x 85' has a pitching mound, backdrop/pitcher trainer and a L screen.

Short Cage \$10/half hour. Cage size 14' x 35' has backdrop/pitcher trainer and an L screen.

**Need cages for a team practice?
Rent both Long Cages for \$35/hour.**

Must supply your own equipment such as batting helmets, balls, bat and glove. No spikes please. Hitting tees and balls available at front desk.